

THE TIMES OF INDIA

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IT'S
HERE

Launching today:
A special page 2
to
challenge
you and your parents

Tell us, **who knows**
history more - Dad, Mom or you? Do
this match the monarch activity!

Be a cool linguist and
figure out a new language
with your parents. Try
these tips!

Be a word
specialist
and let
IT SHOW

Show us
how you
your parents
engage in
activities

MORE BONANZA: We plan to do this parent-child special page every Friday!
Let us know your feedback at timesnie175@gmail.com

STUDENT EDITION

FRIDAY, MAY 1, 2020



WEB EDITION

COVID 19 WILL YOUR AC DO MORE HARM THAN GOOD?

Why keeping air conditioners between 24-30 degree C may be a good idea, states govt advisory



AIR CONDITIONERS: The temperature of the home-run AC should be between 24-30 degrees Celsius and humidity should be between 40-70%.

EVAPORATIVE COOLERS: Can use evaporative or desert coolers. Windows must be kept open.

ELECTRIC FANS: Windows should be partly kept open while using fans.

CENTRAL COOLING: Avoid. This is because if a person tests positive, the chances of him spreading the virus is higher when there is centrally air conditioned systems in place.

TIPS
FOR

Instant Homeschoolers

Do you suddenly find yourself homeschooling your kids (online classes, offline engagements etc)? Don't spend all day teaching, instead, spend time exploring together... and remember these tips too

TIP 1: GET YOUR CHILDREN TO TEACH YOU

In a Twitter thread all about how to homeschool effectively during the lockdown, British psychotherapist Philippa Perry recommends letting your children teach you first. This is seen as a way to establish a new learning environment. If a child sees you, their parent-teacher, sitting quietly and listening to what they have to say, they're more likely to reciprocate and view the living room or the kitchen counter as the new



ONLINE EDUCATION

Make the most of online educators: For those wanting to stick closer to the classroom, the BBC has expanded its education offering, Bitesize, to include daily lessons in english, maths, geography and other subjects

"school" or place to learn. Perry also notes that "teaching something to someone else helps them to learn it".

TIP 2: BRING THE OUTSIDE INTO YOUR HOME Businesses that usually rely on people and footfall are finding new ways to cope - while simultaneously helping struggling parents to occupy and educate their offspring. Museums and galleries, zoos and

PARENTS, DO REMEMBER!

- 1 That school at home takes much less time than school in a classroom.
- 2 Ask yourself what needs to be in place for you to stay well? And we mean emotionally, physically, mentally, and spiritually. Your health is so important.
- 3 Another thing that you must immediately do - divide household work.

aquariums - even theme parks - are currently offering free virtual tours.

TIP 3: GET INVENTIVE

The UN recently shared some fun home learning activities to help teach your children about plastic waste. From making instruments out of discarded bottles, to putting on a "rubbish" fashion show, not only are these activities cost-free, they might actually help you to upcycle and reduce your plastic waste.

You can engage in some activities on page 2. Click here to participate online!



Rishi Kapoor

would like to be remembered with smiles, not tears: family statement

He remained jovial and determined to live to the fullest right through two years of treatment. Family, friends, food and films remained his focus and everyone who met him during this time was amazed at how he did not let his illness get the better of him. He would like to be remembered with a smile!

Prime Minister Narendra Modi

called the actor a 'powerhouse of talent' and wrote,

“Multifaceted, endearing and lively...this was Rishi Kapoor Ji. He was a powerhouse of talent. I will always recall our interactions, even on social media. He was passionate about films and India's progress. Anguished by his demise. Condolences to his family and fans. Om Shanti.”

Amitabh Bachchan, who worked with him in films such as 'Amar Akbar Anthony', 'Kabhie Kabhie' and most recently, '102 Not Out', tweeted,

“He's GONE .. ! Rishi Kapoor .. gone .. just passed away .. I am destroyed !”

HOW TO:

BECOME A LOCKDOWN JOURNALIST

- 1 The priority of a journalist is to be accurately informed. Read, read, and read more.
 - 2 While writing a story, remember the inverted pyramid. Most important information in the first para.
 - 3 In this digital age, a reporter needs to be multifaceted. Authenticate your stories with pictures and videos.
 - 4 A good reporter is also a good editor. Look for typos and errors.
 - 5 Start a weekly journal amongst your friends. Encourage them to write about new developments in their areas. - BY RITIKA KUMAR
- WANT TO KNOW MORE? WRITE TO US AND WE DECODE IT FOR YOU!

AYE CAPTAIN, A POSTAL SALUTE FOR 100-YR-OLD

Captain Tom Moore, a 99-year-old UK war veteran who served in India during the World War II and has raised nearly 30 million pounds for a government-run health service, has been honoured with a birthday postmark to celebrate his 100th birthday. UK postal company Royal Mail will honour Captain Moore by stamping all letters with a special postmark, starting from this week.



FEEL GOOD

FILM FESTIVALS TEAM UP TO OFFER FREE GLOBAL FEST ON YOUTUBE

Film festivals worldwide are teaming up to launch "We Are One: A Global Film Festival," which will play out over 10 days and be available for free on YouTube. Tribeca Enterprises, the company behind the Tribeca Film Festival, and YouTube announced the online festival. Other festivals will also contribute curated programming, including the Cannes Film Festival, the Sundance Film Festival, the Venice Film Festival and those in Berlin, Tokyo and New York.



ENTERTAINMENT

WITH MOST CAMPUSES CLOSED, COLLEGE TOURS MOVE ONLINE

Virtual coffees with college students for high school juniors. Zoom sessions between applicants and admissions officers. Student guides offering welcoming messages in video selfies and scenic views of university campuses captured by drones. This is what spring college tour season looks like across countries where universities are going to great lengths to show off lecture halls, green space etc that have all been emptied out by the pandemic, albeit online.



ADMISSIONS

NEWS IN BRIEF

CLICK HERE FOR MORE

CLIMATE TECHNOLOGY MUST BE OPEN SOURCE, AVAILABLE AT AFFORDABLE COST: PRAKASH JAVADEKAR

Union Environment Minister Prakash Javadekar said just like the world is unitedly engaged in finding a vaccine for COVID-19, countries should work towards making climate technology an open source which must be available at affordable cost. He was speaking during the first virtual interaction with 30 countries in Petersberg Climate Dialogue.



POLICIES

PETERSBERG CLIMATE DIALOGUE India along with 30 other countries participated in the dialogue, deliberating over ways and means to tackle the challenge of reinvigorating economies after COVID-19, while enhancing collective resilience and catalysing climate action.

DOGS ARE BEING TRAINED TO SNIFF OUT COVID -19

As the world is struggling to contain the coronavirus pandemic, could canines "revolutionise" the COVID-19 response by emerging as a "new diagnostic tool"? Experts believe so. Dogs are being trained in the US and the UK to sniff out the coronavirus. Eight Labrador retrievers are being trained under a University of Pennsylvania research project to determine whether canines have the capability to detect an odour associated with the coronavirus.



PET CAUSE

JETBLUE IS THE FIRST MAJOR AIRLINE TO REQUIRE MASKS FOR PASSENGERS

JetBlue will require passengers to wear face coverings starting next week, becoming the first major American airline to compel its customers to cover their noses and mouths since the start of the coronavirus outbreak. The policy, covers the duration of a passenger's flight, from check-in through boarding and deplaning, the airline said.



AVIATION

MICHELLE OBAMA'S NEW DOCUMENTARY TRACES HER BOOK TOUR

After their Oscar win with 'American Factory', Barack and Michelle Obama are back with a documentary titled 'Becoming', which gives an intimate, behind-the-scenes look on her book tour. The documentary is titled after the memoir, which was published in 2018. It offers an up-close look at Michelle Obama's life, taking viewers behind-the-scenes as she goes on a 34-city tour to promote her book. Along with the announcement, Michelle Obama shared a note expressing hope that the Netflix film will offer viewers "joy and a bit of respite" during our collective "struggle to weather this pandemic".



HOPE AND COPE

Michelle Obama shared a note expressing hope that the film will offer viewers 'joy and a bit of respite' during our 'struggle to weather this pandemic'

MANNER WISE

CORONA JOKES: HOW MUCH IS TOO MUCH



How wise is it to post and share coronavirus related jokes on your social media posts? Is it okay to do that and how much is too much! Share laughs about life in lockdown but don't joke about corona-related deaths, suggest etiquette experts. If you go too dark, you can actually add to the pandemic paranoia. Avoid doomsday jokes too. After all, you are living a difficult reality.

HEALTH BYTE

The bright side of dark chocolate

Chocolate increases insulin sensitivity and reduces blood sugar levels. Studies have also found that dark chocolate protects the skin against sun damage.



The takeaway: Dark chocolate is rich in antioxidants - when taken in moderate amount - it's good for health. Have 2-3 pieces on alternate days to get your share of antioxidants.

GOOD EATS

MANGOLICIOUS SORBET

Missing ice cream treats in the mall? Sulk not and whip up mango sorbet at home. The mango season is here - freeze two chopped mangoes for at least 5-6 hours. Place frozen chopped mangoes in



blender. Add ice and a dash of coconut milk. Once blended, place the mashed sorbet in ice cream saucers and top up with mint leaves. (Sugar is optional - you can skip it - as ripe mangoes are very sweet.) Recipe: Nutritionist ISHI KHOSLA

LOCKDOWN DIY



Ran out of your fave FACEWASH

Not getting your trusted facewash in your nearby chemist store? Worry not. Make one from ingredients found in your kitchen. Here's the recipe: Mix 7-8 tablespoon of besan (gram flour) with half teaspoon

turmeric and store in a clean container. When you need to wash your face, take one tablespoon of this mixture, add enough water to it and clean your face with it. This natural cleanser is free of chemicals too - which is a great plus for the environment.

"Every flower is a soul blossoming in nature."
GÉRARD DE NERVAL, FRENCH WRITER AND POET

ACTIVITIES FOR PARENTS AND ME

JULIE'S LIBRARY SHOW

Oscar winning actress Julie Andrews is also an avid reader. The star has co-authored 30 books for children and young adults with her daughter Emma Walton Hamilton. And now, the mother-daughter duo has launched a new podcast 'Julie's Library' for children and families. Andrews announced the news through a post on social media. "I am absolutely delighted to share a sneak preview @JuliesLibraryShow, my upcoming #storytime #podcast co-hosted by my daughter, author Emma Walton Hamilton. Starting April 29th, you can join us every Wednesday to hear a new #book. We can't wait to read with you! Listen on #ApplePodcasts at the link in our profile," she wrote.

PODCAST WITH MOMMY

Talking about her love for books and reading, she said in a statement on Julie's Library Show website, "As a child, I read anything and everything I could get my hands on. There was no greater joy for me than to curl up with a good read. Books transported me—away from the World War II Blitz and into the realm of my imagination and other worlds and ideas." Listen to her with your mom!

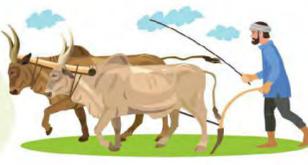


WORD TESTING WITH DAD

FARMER, WHAT DO YOU GROW?

The names of India's seven most widely grown crops are hidden in this grid. Can you find them?

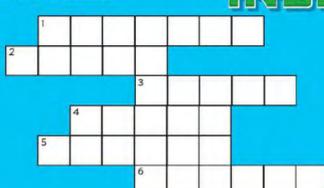
C O T T O N A E D C
S M A I Z E F T Y U
E R T Y U I R I C E
Z X C V B A J R A V
R A G I A S D F G H
E D R J O W A R R T
W W H E A T C V F G



WHAT'S THE SYMBOL?

There are six national symbols of India hidden in this puzzle. Read the clues and fill in the boxes.

- India's national bird.
- India's national animal.
- India's national flower.
- India's national fruit.
- India's national game.
- India's national tree.



Activities by: <https://penguin.co.in>

BINGO! TIME TO MASTER A LINGO

Beating lockdown blues is easy when you hunt for innovative and creative ways to beat it. Learning a new language is the most beautiful way to engage the mind. More fun is added when parents and children do it together.



WAYS TO DO IT:

- Greet each other in the language you are learning after hearing their pronunciation.
- Play vocabulary games, identify colours and learn to count together.
- Listen to music and watch movies in that language with subtitles.
- Label things around the house and practice identifying them.
- Go online together and practice their writing skills and know about their culture.

Smita Ghosh, counselor, Anand Niketan, Ahmedabad

LINGO DUO

BROWNIE POINTS: Learning a new language at any age (right from adolescent to adult) not only slows down cognitive decline but it also helps in enhancing your confidence and sense of achievement, increasing your general vocabulary, making your traveling more exciting and of course making you more Creative.

FAMILY TIME



MAKE A FAMILY VACATION COLLAGE WHILE TIDYING UP. HERE'S HOW

1 Team up with your father to tidy up and section your wardrobe and cupboards. You will learn to organise better, share the burden and at the same time figure out how to declutter. If you hit upon prints of old photographs/postcards/stamps/coins, take a glass base or paper base and make a collage of collectibles. Once the lockdown is over. You can frame it. This is also a curiosity trigger. Parents, expect your child to ask you the origin of everything and why it has been saved. This will refresh memories, provide general knowledge and bring in joy of vacation, which everyone must be missing right now.

MAKE YOUR OWN KITCHEN GARDEN

2 Mummy can choose all the seeds/ grains/ pulses. You can ready some beautiful pots and colour and decorate them. While you plant, you learn to nurture. At the same time, you learn germination. You also figure out how important for everyone to do so to self sustain.

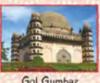
MAKE YOUR OWN STORY BOOK

3 Take old cardboard. Punch it. Now take some coloured sheets. Punch it. Use a thread to tie up sheets and cardboard to make your own book. Now, the cover is yours and you, are the author of your own story. You can make pictures/ illustrations on one side and write on the other. You could also make a personal journal like this.

TEST YOUR HISTORY

MONARCH MATCH

Match each monument to the monarch it is associated with.



Ashoka



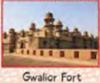
Mysore Palace



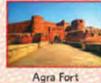
Shivaji



Krishnaraja Wodeyar



Akbar



Pratapgarh Fort

Sultan of Bijapur

Queen of Jhansi

HIDDEN FOOD

Rearrange the letters below to make the name of a delicious sweet treat made of yoghurt from Maharashtra. Do you know what it is?

H H N I K S A R D



Activities by: <https://penguin.co.in>

LET'S PLAY MUSIC

STRUM AND HUM

How well do you know Indian music? Take the quiz to find out!

1. _____ is a melodious wind instrument that Pandit Hariprasad Chaurasia is an expert at playing.

flute trumpet trombone

2. _____ is an enormous percussion instrument that people play during festivals and celebrations.

naqara tabla mridangam

3. _____ is an instrument that is played at many Indian Hindu weddings.

guitar shehnai tanpura

4. Ustad Zakir Hussain's instrument of choice is the _____.

sitar tabla harmonium

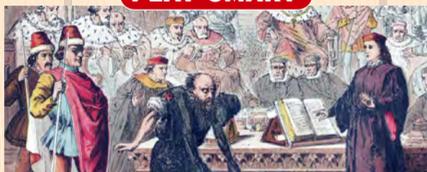
5. An instrument that comprises ceramic or metal bowls filled with water _____.

bul bul tarang mast tarang jal tarang

Activities by: <https://penguin.co.in>

PLAY SMART

Answer each of these questions on Shakespeare's 'The Merchant of Venice'— Act IV, by choosing correctly from the four options.



1 To which city does the 'young doctor' Balthazar (actually Portia) supposedly belong?

A. Venice B. Rome C. Genoa D. Belmont

2 Whose theory about 'the souls of animals' does Gratiano say he almost believes?

A. Leah B. Jessica C. Portia D. Nerissa

3 Who says to Shylock, 'How shalt thou hope for mercy, rendering none??'

A. Duke B. Antonio C. Bassanio D. Lorenzo

4 'I would she were in heaven - - -'. Who is 'she'?

A. Leah B. Jessica C. Portia D. Nerissa

5 According to Portia, which of these virtues is 'enthroned in the hearts of kings'?

A. wisdom B. patience C. mercy D. courage

Suryakumari Dennison, Teacher, Aavishkar Academy, Bengaluru

Answers: 1) B. Rome 2) C. Pythagoras 3) A. Duke 4) D. Nerissa 5) C. mercy

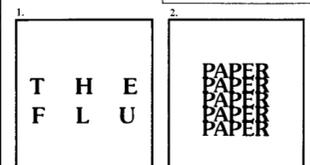
WRITE A LETTER

LETTER WRITING TO FUTURE ME

This can be done by both parents and children - write letters to your future self. Decide on a time frame: a 13-year-old can imagine and write a letter to his/her 18-year-old future self to ask if he/she is happy with the field of study chosen. This will challenge the imagination of kids and make them think about various courses they may want to pursue in future. It will unleash their creativity. Parents, on the other side can do this letter writing exercise too and think of where they will be in the journey of life five years down the line. Once done, both can read out their letters and store them in a box. It will become a beautiful lockdown memory that can be preserved forever - to read and smile at the time spent with each other.

WUZZLES

Each Wuzzles is a word riddle which creates a disguised word, phrase, name, place, saying, etc. For example: **NOISE (N O I S E) = GOOD AFTERNOON**



Print Your Answers Here:
1. _____
2. _____

Today's Answers:
1. Spread the flu
2. A stack of papers

Created by Tom Underwood
© North America Syndicate, 2019

Answers: 1. Spread the flu
2. A stack of papers

Quiz time

DR B R AMBEDKAR

Suhas Ganesh R, class VII, National Public School, Yeshwanthpur, Bengaluru



Q.1) Where did Dr Babasaheb Bhimrao Ambedkar establish 'Bahishkrit Hitakarini Sabha'?

A. Kolkota B. Lucknow C. Bombay D. Delhi

Q.2) Which one of the following is an autobiographical work by Dr B R Ambedkar that is used as a textbook in the Columbia University (US)?

A. Waiting for Visa B. Riddles in Hinduism C. Annihilation of Caste D. Who were the Shudras?

MORE ACTIVITIES

Q.3) Where is 'Bhim Janmabhoomi', a memorial dedicated to B R Ambedkar, located?

A. Mhow, MP B. Delhi C. Pune D. Nagpur

Q.4) Which Indian university conferred an honorary doctorate on B R Ambedkar?

A. Bombay University B. Calcutta University C. Osmania University D. Mysore University

ANSWERS

1. (C) Bombay 2. (D) Who were Shudras? 3. (A) Mhow, MP 4. (C) Osmania University

FAMILY CIRCUS



"I couldn't find any clean towels, so I put out the ones that say 'Merry Christmas.'"